



# Pain Institute of Southern Arizona

*Thank you for choosing the Pain Institute of Southern Arizona for your pain care.*

**You will be seen at one of the following locations:**

**Northwest Clinic**

**4582 N. 1<sup>st</sup> Ave.**

**Suite 140 - Evaluations Suite**

**Suite 170 - Procedure Suite**

**Suite 190 – Medication Management Suite**

**East Clinic**

**4881 E. Grant Rd.**

**Suite 101 – Evaluation and Medication Management Suite**

**Rita Ranch Clinic**

**8290 S. Houghton Rd.**

**Suite 150 – Evaluations and Medication Management Suite**

**Please bring the following items with you to ensure that your appointment runs smoothly:**

- a. Driver's License
- b. Current Health Insurance Card
- c. List of current Medications (with pill strength and dosage information)

**Please be advised that we require 24hr notice for changes to your appointment details in order to avoid incurring a \$25 rescheduling fee.**

Thank you, Appointment Schedulers

4582 N. First Ave, Suite 170 Tucson AZ 85718  
Phone: (520) 318-6035 | Fax: (520) 795-9953  
[www.pisapain.com](http://www.pisapain.com)

“Giving patients Non-Surgical options for Pain Management”



# Pain Institute of Southern Arizona

Thank you for choosing The Pain Institute of Southern Arizona, where our goal is to evaluate, diagnose and recommend an effective treatment plan for your pain problem

The physicians at the Pain Institute of Southern Arizona offer a wide spectrum of training including Stanford, Harvard, and the Mayo clinic. We also have physicians who are double board certified in Pain Management and clinical instructors for UMC/Banner Interventional Pain Management Fellowship. The providers in our Medical Management suite have years of experience and expertise in pain management.

***Since we have our own clinic, there are no costly facility fees and no pre-authorization delays for procedures. This means that we may save time and money when you are seen and treated at The Pain Institute of Southern Arizona.***

Drs. Bullock, Gossler, Cornidez, Cubillo, and Chavez focus on advanced interventional pain techniques, so our office can treat nearly any kind of pain. You can count on caring staff and providers to evaluate and recommend a treatment option that he or she believes will be best to help treat your condition. A full list of traditional as well as cutting edge procedures is available for you to view at [www.pisapain.com](http://www.pisapain.com). On our website, you will find a complete list of procedures, pain information and a whole lot more.

To make sure you are receiving the best and safest care possible, we must obtain the necessary clinical information and studies before starting narcotic therapy. In order to ensure you do not run out of narcotics, we would ask that you continue to get your medications from your prescribing physician. This would typically require a two-week supply. If we feel that our practice can help treat your pain condition and narcotics are the most reasonable treatment for your pain, we will offer a return appointment with one of our medical management providers to begin chronic narcotic therapy. In order to maintain a high standard of care, PISA utilizes best-practice medicine through laboratory screening, pain agreements, along with monthly appointments for medication stabilization.

Again, thank you for choosing The Pain Institute of Southern Arizona, and we look forward to meeting you and aiding in the treatment of your pain condition. Please arrive 30 minutes early for your first appointment.

Regards,

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*Thank you for choosing The Pain Institute of Southern Arizona for your pain care. The following is an outline for the **PISA Narcotic Policy Guidelines** established from the recommendation from the Center for Disease Control and recommendations through review and consensus from the pain management community.*

- You will be asked to provide us with a urine drug screen at your initial visit and will be monitored periodically during the treatment period. You will also be asked to sign a controlled substance agreement, which outlines the rules and conditions of the continued patient-provider relationship. \*We also monitor the Arizona state board of pharmacy website for prescription history.
- You will be asked to bring all narcotic medications, in their original bottles, to the first appointment as well as each and every appointment, while on controlled substances.
- To make sure you are receiving the best and safest care possible, we must obtain the necessary clinical information and studies before starting narcotic therapy. In order to ensure you do not run out of narcotics, we would ask that you continue to receive medication from your physician's office. This would typically require a two-week supply. If we feel that our practice can help treat your pain condition and narcotics are the most reasonable treatment for your patient's pain, we will offer a return appointment with one of our medical management providers to begin chronic narcotic therapy. In order to maintain a high standard of care, PISA utilizes best-practice medicine through laboratory screening, pain agreements, along with monthly appointments for medication stabilization.
- We do not write prescriptions for patients with illicit substances detected in their system. Marijuana is currently included in this list because it is still against Federal law and causes cognitive impairment as well as may potentiate the effect of other medications.
- If it is determined that narcotic therapy is appropriate, you will be scheduled for a future appointment to review the urine drug screen results (UDS). If the UDS is consistent with prescribed medications, a treatment plan will be initiated. We discourage prescribing opioids with benzodiazepines unless there are clear indications that the benefits outweigh the risk.
- Our emphasis is on controlling chronic pain by replacing short acting medication with safer and more convenient long acting medication and to use the lowest possible dose to provide adequate analgesia with minimal side effects without the peaks and troughs of short acting opioids. Typically, we do not provide patients with more than 2 breakthrough short-acting pain medications per day.
- If we deem your narcotic dose to be excessive, we may recommend detoxification through inpatient or outpatient clinics that specialize in helping patients through this difficult process. We do not detoxify patients.

**We will do our best to help you through this difficult time.**

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